



CINCINNATI ALLERGY & ASTHMA CENTER

Ann C. Ghory, M.D.

Patricia K. Ghory, M.D.

ALLERGY TESTING

SKIN TESTING tells you if you are allergic to things that may be causing your symptoms.

There are two types of skin tests:

- a.) **PRICK:** A tiny prick is made with a special plastic toothpick” containing a small amount of “allergen.”
- b.) **INTRADERMAL:** A small amount of allergen is placed underneath the top layer of skin to form a bump the size of a small mosquito bite.

If you are allergic, a small red bump (that itches) will appear within 15-20 minutes. Delayed reactions to mites and molds may occur, and the reactions could appear that night or the next morning.

RAST TESTING is a less sensitive, and more expensive blood test that may show what things cause your allergy symptoms.

You must discontinue the following medications:

Days off:

ALLEGRA	7 days
ASTELIN / ASTEPRO NASAL	48 hours
CLARINEX	7 days
CLARITIN	7 days
ZYRTEC	7 days
XYZAL	7 days
LORATADINE	7 days
ALAVERT	7 days
PATANASE NASAL SPRAY	48 hours
ALL OTHER ANTIHISTAMINES including PYRILAMINE, BENADRYL/DIPHENHYDRAMINE, CHLORPHENIRAMINE, BROMPHENIRAMINE, ETC.	48 hours
ZANTAC, TAGAMET, AXID, and PEPCID	24 hours
BETA - BLOCKERS	Stop morning of testing
TYLENOL PM	48 hours
AMITRIPTYLINE (ELAVIL, TRYPTIZOL, LAROXYL, SAROTEX, LENTIZOL)	48 hours
TRICYCLIC (AMOXAPINE, DESPIRAMINE, NORPRAMIN, DOXEPIN, MAPROLMIPRAMINE, TOFRANIL, TOFRANIL-PM, TILINE NORTRIPTYLINE, PAMELOR, PROTRIPTYLINE, VIVACTIL, SURMONTIL)	48 hours

****You may continue to take all other medications, including antibiotics, decongestants, and nasal sprays.**