

Medications That Interfere With Allergy Testing

Many common medications, especially antihistamines, interfere with allergy skin tests. Antihistamines are also found in many over the counter medications for allergies and colds. **Please carefully read the following handout and ensure that you discontinue any medications that may interfere with testing.**

Patients who are being seen for active/ongoing hives (urticaria) or those who have been prescribed antihistamines to treat a recent allergic reaction should NOT discontinue the medication unless instructed by our office. If you have specific questions regarding your medications and allergy testing, please speak with a staff member by calling 513-861-0222.

H1 Antihistamines (Oral) – Hold for 7 full days before visit

Allegra (Fexofenadine)	Claritin, Alavert (Loratadine)	Zyrtec (Cetirizine)
Xyzal (Levocetirizine)	Clarinex (Desloratadine)	Benadryl (Diphenhydramine)***
Reglan (Metoclopramide)	Chlor-Trimeton (Chlorpheniramine)	Antivert (Meclizine)
Phenergan (Promethazine)	Actifed, Dimetapp (Brompheniramine)	Dramamine (Dimenhydrinate)
Unisom (Doxylamine)	Vistaril, Atarax (Hydroxyzine)	Compazine (Prochlorperazine)
Periactin (Cyproheptadine) *Needs to be stopped 11 days beforehand*		

Check OTC medications used for cold/sinus/flu or as a sleep aid for the presence of diphenhydramine

H1 Antihistamines (Nasal Sprays/Eye Drops) – Hold for 7 full days before visit

Astelin/Astepro (Azelastine)	Dymista (Fluticasone-Azelastine)	Ryaltris (Mometasone-Olopatadine)
Alaway, Zaditor (Ketotifen)	Patanase/Pataday/Pazeo (Olopatadine)	Bepreve (Bepotastine)

H2 Blocking Medications – Hold for 48 hours before visit

Pepcid (Famotidine)	Tagamet (Cimetidine)	Zantac (Ranitidine)
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Other medications used to treat non-allergic conditions may interfere with skin testing, but should not be discontinued unless approved by prescribing physician.

Anafranil (Clomipramine)	Asendin (Amoxapine)	Compazine (Prochlorperazine)
Elavil, Endep, Triavil, Limbitrol (Amitriptyline) *needs to be stopped 11 days prior to testing*	Norpramin (Desipramine)	Pamelor (Nortriptyline)
Phenergan (Promethazine)	Seroquel (Quetiapine)	Sinequan, Adapin (Doxepin)
Surmontil (Trimipramine)	Tofranil (Imipramine)	Desyrel (Trazodone)
Benzodiazepines (Clonazepam, Diazepam, Lorazepam, Midazolam)		Bupropion (Wellbutrin)

The following medications are commonly used but **DO NOT INTERFERE** with allergy testing:

- Asthma inhalers and oral medications to treat asthma such as montelukast (Singulair)
- Nasal steroid sprays such as Flonase (Fluticasone), Nasacort (Triamcinolone), Rhinocort (Budesonide), Omnaris (Ciclesonide), Nasonex (Mometasone), QNASL or Xhance